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## **Abuelo's Introduces New Gluten-Sensitive Menu**

LUBBOCK, Texas – Abuelo's Mexican Restaurants have introduced a new, special gluten-sensitive menu with several items created specifically to accommodate guests who have gluten allergies or celiac disease.

Gluten-sensitive guests now can select from 14 items featured on the special menu ranging from salads, Tex Mex plates and House Specialties, and even dessert. For instance, the new gluten-sensitive menu includes Abuelo's delicious ***Yucatan Shrimp Fajita Salad***, a ***Tamale Plate***, with two beef tamales, ***Pork Tenderloin with Honey Chile*** Glaze and several choices of fajitas including ***Bacon-Wrapped Stuffed Shrimp Fajitas***, ***Pork Tenderloin Fajitas*** and ***Vegetable Fajitas***, plus several other entrées. Additionally, Abuelo's award-winning ***Traditional Flan***, is also featured on the gluten-sensitive menu as a dessert choice.

"With gluten intolerances becoming a more common concern, we want to have menu items that all our guests can enjoy," said Robert Lin, president of Food Concepts International, Abuelo's parent company.

### **About Abuelo's**

Since its first opening in 1989, Abuelo's has consistently been on the leading edge of Mexican cuisine, combining menu creativity, outstanding food and beverage quality, colorful plate presentations and superior service in an impressive Mexican courtyard-themed atmosphere. Owned and operated by Food Concepts International of Lubbock, Texas, Abuelo's has received national accolades as the top-ranked Mexican food restaurant, one of America's top chains, and for offering great meals for less than \$20. The company currently has 40 restaurants located in 15 states throughout the United States and is currently constructing its 41<sup>st</sup> location in Fort Worth, Texas at the Hulen Mall, which is scheduled to open in early March. For more information, visit [www.abuelos.com](http://www.abuelos.com).

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